

Danielle Kwait, LMSW

Perinatal psychotherapy · Telehealth across New York State · Fertility treatment through the first year postpartum

(203) 461-5085 (call or text) · danielle@daniellekwait.com · daniellekwait.com

WHAT YOU CAN COUNT ON

- **Speed.** Free consult within 48 hours, first session within the week. No waitlist.
- **The loop closes.** With her release, I confirm within one business day that your patient reached me, tell you if she didn't, and let you know once she's established.
- **Triage is my job.** Not sure she's a fit — the EPDS was fine but the nurse is worried? Send her. The call is free, and I'll route her to the right person if that isn't me.

SEND ME

- Postpartum depression and anxiety, including the positive screen you don't have time to unpack
- Intrusive thoughts and perinatal OCD
- Birth trauma
- Miscarriage and stillbirth
- Fertility treatment, at any stage
- Adjustment and identity in pregnancy
- Partners

WHAT I REFER OUT

- Active suicidality or psychosis — same-day evaluation, not an outpatient referral
- Bipolar disorder management
- Medication evaluation first — I coordinate with reproductive psychiatry

THE PRACTICAL PART

- 50-minute sessions, \$200
- Out-of-network; monthly superbills
- Cost covered on the free call — no surprises
- Baby welcome at session; partners can join

HOW TO REFER

Hand her the site (daniellekwait.com) — or, with her consent, call or email me her name and number and I'll reach out within one business day.

“We work with a therapist who specializes in pregnancy and postpartum, Danielle Kwait. The first call is free — it's daniellekwait.com, or we can send her your number if that's easier.”

Full referral details: daniellekwait.com/refer